

RESOURCES LIST (Outpatient) updated 3/2024

Troy

BM Consulting LLC –334-625-1340 (Buffie M. Alloway, LPC-S NCC) bmccllc.org

C. Booker Counseling & Consulting - (Supervising LPC) – 334-670-2728

East Central Mental Health - 334-566-6022

Mental Wellness Center - 334-566-9800 (Dr. Heather Hartwell) Southern Health Associates Practice

Warren Behavioral Care, Inc. - 334-808-8991

Montgomery

Annie Adams, LPC – 334-647-1345 (serenitycounselingllp0028@gmail.com)

Craig Bynum, M.S. LPC NCC - 334-669-2696

Dr. Rosemary Jones, PhD, Psychologist - 334-260-8299

Grace Point Behavioral- Caroline Abolade, M.D Phone: 334 409 9242, Fax: 334 409 9186

Montgomery Psychiatry & Associates- 334-288-9009

River Region Psychiatry / Alabama Psychiatry 334-270-5502 or 334-239-2622

Samaritan Counseling - (income based/sliding fee scale) - 334-262-7787

Dothan

Carol Dean, LPC or Ray Little, LPC - Counseling Resources of Dothan - 334- 671-1280

Carol Rheingans, LPC - 334-699-6833

Counseling Services of Dothan - 334-794-2113

Living Waters Counseling Center, (income based/sliding scale) - 334-693-3380

Toni Cannon, LPC - Child and Family Services - 334-793-2237

Wiregrass Wellness - 334-673-8869

Alcohol & Substance Abuse

Bradford Health Services-Montgomery - 800-873-2887, 334-244-0702

New Hopes Detoxification and Rehab - Union Springs - 334-738-2140 ext. 1458

NEWVISION, Dale Medical Center - Ozark 334-443-0210

Online Therapy Options

www.betterhelp.com

Domestic Abuse- House of Ruth

334-793-5214

Art/Play Therapy

Shirly Johnson (upon request)

Alternative Treatment - Infusion Wellness Center -334-296-1662 (ADD/ADHD, Addiction, Anxiety, Depression, Headaches, Post Traumatic Stress Disorder, etc.

Sexual Violence & Abuse - Mental Health & Well-Being - Self-Harm & Suicide <https://www.wannatalkaboutit.com/>

Inpatient

COPE (Centers of Psychiatric Excellence) - 1 (833) COPE-NOW / (1-833-267-3669) www.copepsychiatry.com

Cross Bridge Behavioral Health-Montgomery - 334-286-3116

Gateway Behavioral Unit-Union Springs - 334-738-2140 ext. 1458

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Aging and senior care community resources in Montgomery

<https://www.caring.com/senior-living/assisted-living/alabama/montgomery>

<https://www.assistedliving.org/alabama/>

Southeast Alabama Medical Center Behavioral Medicine- Dothan - 334-793-8111

These serve providers are a directory list only. No recommendations, guarantees or endorsements are made regarding the quality of service you might expect from any of the professionals or businesses listed.